



What will your pension be?

Your pension choices can shape the rest of your life.
As a member of Forbundet Styrke, you have access to
independent pension advice from Tredjepart AS.

Forbundet **Styrke**

STYRKE

Make your own choices!

Do you have a full overview of your rights, the opportunities available to you, the pitfalls to avoid, and—most importantly—what your pension will actually be after tax?

This is where Tredjepart comes into the picture. Over the years, their experienced advisers have helped thousands of our members plan their retirement.

They help you make the right choices more easily.

Please note: Only Norwegian pensions and tax can be calculated.



Who can get independent advice?

1 Age 57

If you are turning 57 this year or have already turned 57.

2 Haven't started your pension

You have not yet started receiving a pension from National Insurance and/or AFP.

3 First-time user

You have not used this advisory service before.

What do you get?

Here are some of the questions you can get answers to:

- When can I start my pension?
- How much will I receive from National Insurance?
- Do I qualify for AFP? Maritime pension?
- What have I earned in pension benefits from my employers?
- What will my pension be after tax?
- What are the consequences of early retirement?
- Can I draw my pension and continue working?
- What happens to my pension if I become ill?
- How do I access my pension funds?

How to request counseling

Send email to:

medlemsservice@tredjepart.no

Use "I request pension advice" as the subject line. Include your membership number, the company you work for, and a phone number where Tredjepart can reach you. One of their advisors will contact you.

How is the counseling provided?

You can choose between a written report or a digital meeting, arranged directly with your advisor.

How long does it take?

The normal processing time is two weeks from the date Tredjepart receives all necessary documentation. If demand is high, you will be notified of any delays.

What does it cost?

Forbundet Styrke covers most of the cost. You only pay a NOK 500 deductible, which will be invoiced separately by Forbundet Styrke. You do not pay anything directly to Tredjepart.

**You will receive a detailed pension
calculation, helping you make informed
decisions about your future.**

Scan the code to contact
Tredjepart or visit styrke.no
to learn more about this
membership benefit.



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