STŸRKE

Forbundet Styrke

Stronger Together







Stand Stronger with Us

Forbundet Styrke is one of the largest unions in the Norwegian Confederation of Trade Unions (LO), representing 80,000 members across the oil, gas, land-based industries, management, and technical fields. We are dedicated to protecting your rights at work and ensuring your financial security.

As a member, you'll receive strong support in workplace disputes, along with our commitment to securing the best wages and working conditions.

You'll also benefit from exclusive insurance policies and discounts through the LOfavør benefits program —including Norway's top-rated home contents insurance.



Why Join a Union?

As a strong voice in Norwegian industry and business, we actively shape and improve working conditions for our members.

Here are some of the key benefits we've secured:

- Higher wages and greater purchasing power
- Shorter workdays and more free time
- An extra week of vacation
- Improved shift schedules
- Guaranteed sick pay
- Earlier retirement options (AFP)
- Better leave arrangements
- A tailored collective bargaining agreement





Your Benefits with Forbundet Styrke

Here are five great reasons to join us.



Earn better pay and working conditions than those set by the Working Environment Act. If you face challenges at work, we provide free support and guidance.

Financial Security with LOfavør

Enjoy personal insurance and exclusive discounts—all included in your membership fee through LOfavør.

3 Security Through Education

Take advantage of excellent opportunities for further education. We also offer free courses and conferences for union representatives and members, covering travel and accommodation.

4 Security in Unity

Together, we are stronger. We fight for your rights and achieve real results because we are a powerful voice in the workplace.

5 Security for Young People

We offer Norway's best union membership for students and apprentices, ensuring a strong start to your career.



What Does Membership Cost?

Your fee is adjusted based on your income —and it's tax-deductible.



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